

Refresh with Encouraged Hearts

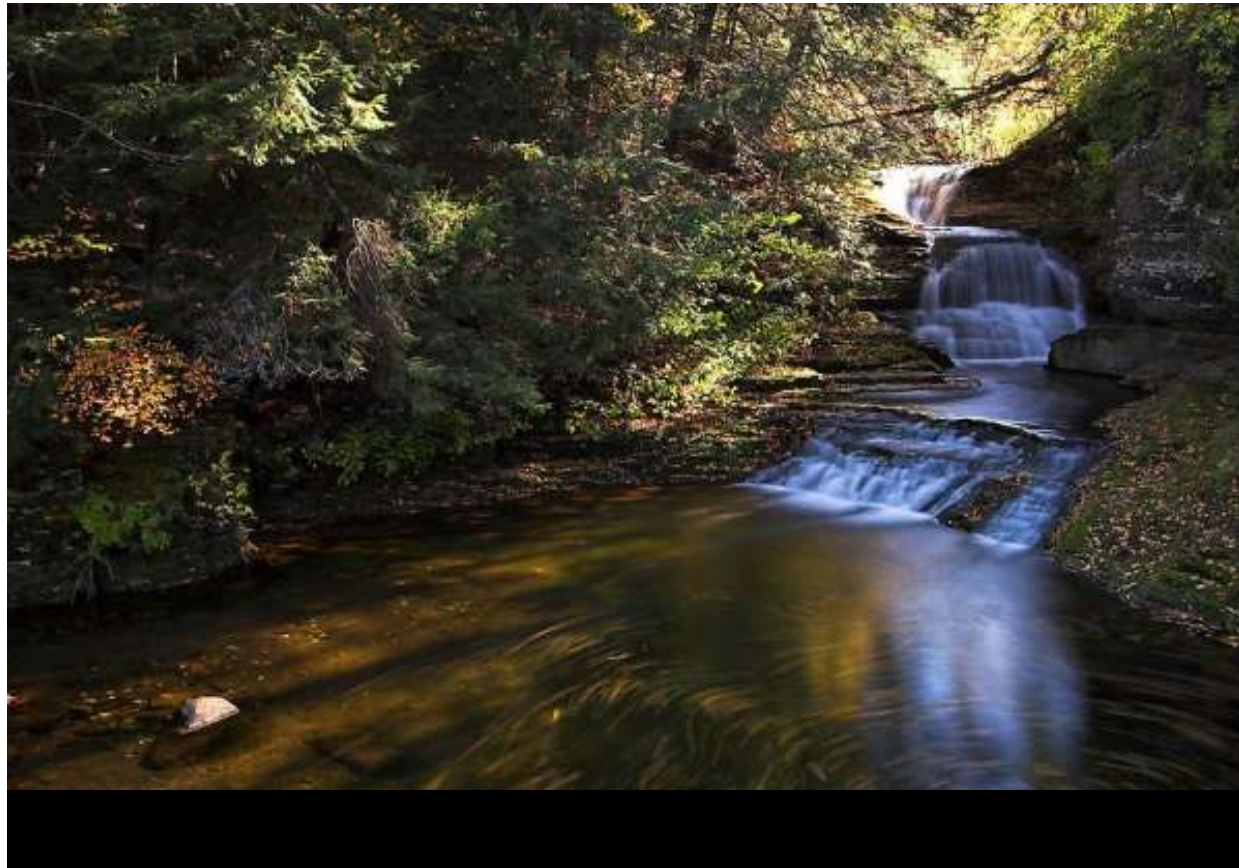
Philemon 7



“Time for refreshments!”



a quiet place



Jesus' Great Invitation



How others are refreshed!



**Above and beyond the
call of duty!**



Scriptures to take away...

- **Exodus 31:17**
- **It will be a sign between me and the Israelites forever, for in six days the LORD made the heavens and the earth, and on the seventh day he rested and was refreshed.”**

2 Samuel 16:2

- The king asked Ziba, “Why have you brought these?” Ziba answered, “The donkeys are for the king’s household to ride on, the bread and fruit are for the men to eat, and the wine is to refresh those who become exhausted in the wilderness.”

Psalm 19:7

- The law of the LORD is perfect, refreshing the soul. The statutes of the LORD are trustworthy, making wise the simple.



Psalm 23:3

- He refreshes my soul. He guides me along the right paths for his name's sake.



Proverbs 11:25

- A generous person will prosper; whoever refreshes others will be refreshed.



Proverbs 25:13

- Like a snow-cooled drink at harvest time is a trustworthy messenger to the one who sends him; he refreshes the spirit of his master.



Jeremiah 31:25

- “I will refresh the weary and satisfy the faint.”



Acts 3:19

- Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord



2 Timothy 1:16

- **May the Lord show mercy to the household of Onesiphorus, because he often refreshed me and was not ashamed of my chains.**

