



▶ **Do Not Worry**

Matthew 6:25-34

“Therefore”

- ▶ What is this a conclusion about?
- ▶ Literally, because of this, on account of this...
- ▶ What has just been mentioned?

Do not be anxious

- ▶ Do not worry (imperative, command) you (plural)
- ▶ about your life (psyche)
- ▶ Anxious/worry—cutting the mind into pieces
- ▶ Luke 12:22,26
- ▶ Philippians 4:6

Life boiled down to its essentials

- ▶ What you should eat
- ▶ What you should drink
- ▶ What you should put on your body (soma)—preoccupation with the physical nature of living in the body
- ▶ What is life when boiled down to its essentials?
- ▶ We usually say something like...eat, live and work
- ▶ But these concerns make us worry

Think of each essential produces enough of its own worries and anxieties!

- ▶ Worries and anxieties about eating
- ▶ Worries and anxieties about what you should drink
- ▶ Worries and anxieties about what you should wear
- ▶ Worries and anxieties all wrapped up in the basics of life being provided

Comparisons

- ▶ Is life not more than food?
- ▶ And the body [more than] clothing?
- ▶ What is more important here?
- ▶ Discipleship, following Jesus forces one to examine priorities and decide through comparisons which is more important!

Comparison in verse 26

- ▶ Look at (compare)
- ▶ Birds of the air (heaven)
- ▶ Do not sow, reap, gather into barns (human activity)
- ▶ Your heavenly Father (title of endearment & care)—goes back to Lord's prayer
- ▶ Feeds them
- ▶ Are you not much more valuable

Verse 27

- ▶ By being anxious
- ▶ Who is able to add one hour to their lifespan?
- ▶ “able”—God is
- ▶ Discipleship focuses on what God is able to do
- ▶ Recognition that by faith what we are able to do is limited

Observe

- ▶ The lilies of the field
- ▶ Compared to Solomon
- ▶ Grasses thrown into the oven
- ▶ God clothes (present tense) you

Little-faith ones

- ▶ Matthew 6:30
- ▶ Matthew 8:26
- ▶ Matthew 14:31
- ▶ Matthew 16:8
- ▶ Matthew 17:20