



Encouraged by the Peace of God

Philippians 4:4-9

It is Evidence of the Lord's Nearness

- **Different from saying that the Lord's coming is near**
- **Biblical affirmation even to pagans that God is not far from each one of us**
- **Christians encouraged to draw near to God**



It Transcends all Understanding

- **Literally, the peace of God...”the-surpassing-all-understanding” (kind)**
- **The Christian faith goes way beyond the rational**
- **But we have the mind of Christ!**



It is the Antidote to Anxiety

- **Do not be anxious about anything**
- **Jesus teaches how to deal with it in the Sermon on the Mount**
- **Luke 10:41, Martha, Martha why are you anxious and troubled?**
- **how I can deal with worry and anxiety in my own life**



It Guards our Hearts

- **The heart has its reasons**
- **Just because someone knows intellectually that something is right, it does not mean that their heart has changed!**
- **Powerful to embrace this way of life**
- **1 Peter 1:5**



It Shapes Our Thinking

- think about such things
- Paradoxically, at the same time, thinking about excellent or praiseworthy things, brings about this peace
- put it into practice
- how the peace of God shapes our thinking
- how to implement this kind of thinking



Encouraged by the Peace of God because...

- **It is evidence of the Lord's nearness**
- **It is the antidote to anxiety**
- **It transcends all understanding**
- **It guards our hearts**
- **It shapes our thinking**

